



JUICES & BEVERAGES

Fresh Squeezed Orange Juice or Grapefruit Juice

Regular 145-209 cal 4.5 Small 72-98 cal 3

Apple, Cranberry or Tomato Juice

Regular 92-225 cal 3 Small 46-112 cal 2

Coffee 0 cal 3

Freshly Brewed Iced Tea 0 cal 3

Herbal Tea 0 cal 3

Hot Chocolate 131 cal 3

Lattes and Cappuccinos 135 cal 4

Milk

Small 101 cal 2

Regular 203 cal 3

Soft Drinks

0-150 cal 3

Pepsi, Diet Pepsi, Lemonade, Mug Root Beer, Sierra Mist, Mountain Dew, Diet Mountain Dew, Dr. Pepper.



FRUITS & CEREALS

Yogurt & Granola with Fresh Fruit

745 cal 8

Fresh Fruit Strawberries or other Berries 350 cal Seasonal Price

Sliced Bananas

Served with Cream and Brown Sugar 423 cal 3.5

Old Fashioned Oatmeal or Cream of Wheat

390/570 cal 6

With Cream and Brown Sugar .75

~ Add Raisins .95

~ Add Bananas .95

~ Add Pecans 1.95

~ Add Strawberries or other berries 1.95

SIDE ORDERS

Thick Sliced Bacon 214 cal 6.5

Sausage Links or Sausage Patties 344-365 cal 5.5

Turkey Sausage Links 171 cal 6

Honey Maple Ham 150 cal 6

Canadian Bacon 150 cal 6

Chicken Sausage Patties 245 cal 5.5

1 Egg Any Style 80-100 cal 2

2 Eggs Any Style 160-190 cal 3

Each additional egg 1

Toast with Preserves 354-404 cal 3

White, Whole Wheat, Sourdough, Marble Rye or Cinnamon Twist

Toasted English Muffin with Preserves 354 cal 3

Hash Brown Potatoes 711 cal 5

With Special Seasoning and Onions

Add Cheese 220 cal 1.25

Biscuits and Gravy 573 cal 6.5

Real Maple Syrup 190 cal 2.5

NUTRITIONAL INFORMATION

Nutritional Information for add on items

- Calorie counts on Entrees* do not reflect Butter & Syrup unless stated in description.

Fresh Whipped Butter 2 oz 135 cal

Whipped Cream 2 oz 191 cal

Maple Syrup 2 oz 270 cal

Homemade Apple Syrup 2 oz 170 cal

Homemade Tropical Syrup 2 oz 180 cal

Homemade Blueberry Syrup 2 oz 150 cal

Homemade Strawberry Syrup 2 oz 220 cal

Additional nutrition information available on request. 2000 calories a day is used for general nutrition advice, but calorie needs vary.

Peanut Oil is used in many items. Please talk to a manager if you have concerns.

Consuming undercooked eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Potato Pancakes

Crisp Potato Cakes served with your choice of Cinnamon Apple Sauce or Sour Cream. 880-920 cal 9.5

Buttermilk Pancakes

Made with our Signature Old Fashioned Homemade batter. 521 cal 8

Blueberry Pancakes

Loaded with Blueberries and served with Blueberry Compote. 695 cal 9.5

Bacon Pancakes

Filled with real Bacon Bits. 845 cal 9

Coconut Pancakes

"Ilsa's Favorite" Topped and filled with Toasted Coconut. 800 cal 8.5

Swedish Pancakes

Authentic Lacy Pancakes with Lingonberries from Sweden and Whipped Butter. 689 cal 10.5

Ten Dollar Pancakes

Ten Silver Dollar Buttermilk Pancakes. 391 cal 8

Cranberry Walnut Pancakes

Served with Warm Homemade Caramel Sauce. 1207 cal 9.5

The Small Plate

Three Buttermilk Pancakes With your choice of one side item: 2 Bacon / 2 Links 1 Patty / 1 Egg 357-436 cal 8

KID'S MENU (ANY AGE)

Simply Perfect Breakfast (SPB)

A Scrambled Egg, a piece of Bacon, a piece of Cinnamon French Toast or 2 Pancakes. 288-340 cal 8

The Small Plate

Three Buttermilk Pancakes with your choice of one side item: Bacon (2) • Links (2) • Patty (1) • Egg (1) 357-436 cal 8

Mini 49ers

Our Fabulous 49ers shrunk down to kid's size. 428 cal 7

Chocolate Chip Short Stack

Three Chocolate Chip Pancakes served with Fresh Whipped Cream. 445 cal 7

Peanut Butter Pancakes Short Stack

Filled and Topped with Peanut Butter Chips. 415 cal 7

Grilled Cheese Sandwich

Served with Fruit. 535 cal 6

Jackson Five

Five Silver Dollar Pancakes. 195 cal 6

Fruit & Yogurt

A small cup of Vanilla Yogurt and a dish of Mixed Fruit. 300 cal 5

The 2 X 4

Two Eggs, Four Buttermilk Pancakes. 546-584 cal 8.5

Georgia Pecan Pancakes

Fresh Pecans Baked Inside. 1006 cal 10

Sourdough Pancakes

With that Special San Francisco Flavor. 358 cal 8.5

Strawberry Pancakes

Buttermilk, Strawberries, Whipped Cream and Powdered Sugar. 835 cal 12

Gluten Friendly Options

Many of our Pancakes can be Prepared Gluten Friendly. ASK YOUR SERVER FOR DETAILS. 725-1411 cal Add 1.5

49er FlapJacks™

Three large Pancakes from the famous Mother Lode country of San Francisco. Thin-Chewy-Gooey. 571 cal 10

Peanut Butter Pancakes

Our Buttermilk Pancakes Filled and Topped with Peanut Butter Chips, Dusted with Powdered Sugar. 830 cal 9

Buckwheat Pancakes

Old Fashioned Yeasty Buckwheat Pancakes. 585 cal 9 Add blueberries 1.5

Banana Pancakes

Baked with Chunks of Fresh Bananas. 784 cal 9.5

Pumpkin Pancakes

The Great Taste of Pumpkin. Served with a side of Whipped Cream. 615 cal 8.5 add Pecans 1

Chocolate Chip Pancakes

Our Chocolate Buttermilk Batter sprinkled with Chocolate Chips and topped with Whipped Cream. 890 cal 9

Pigs in a Blanket

Three Link Sausages rolled in Buttermilk Pancakes. 762 cal 9.5

Caramel Banana French Toast

Cinnamon French Toast topped with Fresh Bananas and Warm Homemade Caramel Sauce. 1104 cal 10

Cinnamon French Toast

Grilled Cinnamon Swirl Bread Dipped in a Rich Egg & Cream Batter, Dusted with Cinnamon Sugar. 799 cal 9

Sourdough French Toast

Grilled Sourdough Bread Dipped in a Rich Egg & Cream Batter, Dusted with Powdered Sugar. 780 cal 9

Shortstack available upon request.

CREPES

Cherry Kijafa Crepes

A Danish favorite! Three delicate Crepes filled and topped with Montmorency Cherries simmered in our Kijafa sauce and lightly dusted with Powdered Sugar. 1185 cal 10

Raspberry Kijafa Crepes

Three delicate Crepes filled and topped with Fresh Raspberries simmered in our special Raspberry Kijafa Sauce and lightly dusted with Powdered Sugar. 1131 cal 11

French Crepes

Three delicate Crepes filled with Strawberry Preserves and lightly dusted with Powdered Sugar. Topped with Hot Tropical Syrup. 1270 cal 9

Banana Praline Crepes

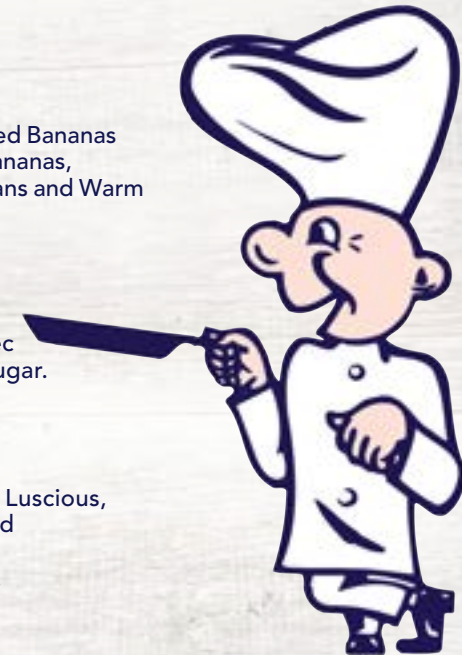
Three delicate Crepes filled with Sliced Bananas and decadently topped with more Bananas, Fresh Whipped Cream, Toasted Pecans and Warm Caramel Praline Sauce. 1393 cal 10.5

Continental Crepes

Three delicate Crepes rolled with Sour Cream tempered with Triple Sec and lightly dusted with Powdered Sugar. Served with Hot Tropical Syrup. 850 cal 9

Fresh Strawberry Crepes

Three Crepes filled and topped with Luscious, Fresh Strawberries and lightly dusted with Powdered Sugar. Topped with Fresh Whipped Cream. 909 cal 12



EGG SPECIALTIES

Served with 3 Buttermilk Pancakes or an available substitute for an extra charge.

Bacon and Eggs

Three Thick Sliced Bacon and Two Large Fresh Eggs, served any style. 629-668 cal 12.5

Sausage Patty and Eggs

Our Special Recipe Patty Sausage and Two Large Fresh Eggs, served any style. 766-805 cal 11

Links and Eggs

Our Special Recipe Link Sausage and Two Large Fresh Eggs, served any style. 787-826 cal 11

Ham and Eggs

A Thick Slice of Honey Maple Ham and Two Large Fresh Eggs, served any style. 569-607 cal 11.5

Canadian Bacon and Eggs

Four slices of Canadian Bacon and Two Large Fresh Eggs, served any style. 569-607 cal 12

Hash Brown Potatoes and Eggs

Hash Brown Potatoes and Two Large Fresh Eggs, served any style. 1127-1166 cal 10.5

Minced Ham and Scrambled Eggs

Three Eggs Lightly Scrambled with Diced Honey Maple Ham. 677 cal 11

Corned Beef Hash and Eggs

Our Homemade Hash, a Blend of Corned Beef, Potatoes, and Onions. Served with Two Eggs any style. 853-892 cal 14

Campfire Hash

Scrambled Eggs, Bacon, Chorizo, Jalapenos, Red Peppers and Pepper Jack Cheese over Grilled Hash Brown Potatoes. 1083 cal 15

BENEDICTS

Eggs Benedict

Toasted English Muffin with Canadian Bacon, Basted Eggs and topped with Hollandaise. Served with Hash Browns. 1619 cal 13

Eggs Michael

Toasted English Muffin with two grilled Sausage Patties, Poached Eggs and topped with our Famous Mushroom Sherry Sauce. Served with 3 Potato Pancakes. 1237 cal 13

Garden Benedict

Toasted English Muffin, topped with Spinach, Mushrooms, Tomatoes, Scrambled in Eggs and fresh Hollandaise. Served with Hash Browns. 1501 cal 12

Crab Cake Eggs Benedict

Crab Cakes made in house, with Crab Claws and Blue Lump Crab Meat on an English Muffin, topped with Two Basted Eggs, homemade Hollandaise and served with Hash Browns. 2590 cal 16

BREAKFAST SANDWICHES

Fried Egg Sandwich

Grilled Sourdough Bread with Fried Eggs, Shaved Honey Maple Ham and Melted Swiss Cheese. Served with Hash Browns. 1504 cal 13

Monte Cristo Sandwich OPH Style

French Toast Bread, with Ham, Turkey, a Fried Egg and Swiss Cheese served with Hash Browns and a side of Strawberry Syrup. 1376 cal 13

B.L.A.T.

Thick Sliced Bacon, Lettuce, Avocado and Tomato served on Whole Wheat Toast. Served with Hash Browns 644-931 cal 11

SOUFFLÉ OMELETTES

Our 4-egg Oven Baked Omelettes are served with 3 Buttermilk Pancakes* or an available substitute for an extra charge

Cheese Omelette

Our Fluffy Omelette filled with Cheddar Cheese. 1583 cal 12.5

Ham and Cheese Omelette

Our Fluffy Omelette filled with diced Honey Maple Ham and Cheddar Cheese. 1732 cal 14

Bacon and Cheese Omelette

Our Fluffy Omelette filled with Diced Thick Sliced Bacon and Cheddar Cheese. 1692 cal 14

Sausage and Cheese

(Turkey Sausage Available +.50) Our Fluffy Omelette filled with our Special Recipe Sausage and Cheddar Cheese. 1636 cal 14

Mushroom Omelette

Our Fluffy Omelette filled with Fresh Mushrooms and Served with a side of Rich Sherry Mushroom Sauce. 1476 cal 13

Sante Fe Omelette

Our 4-egg Soufflé Omelette with a Fresh Pico de Gallo and Pepper Jack Cheese. Served with a side of fresh Salsa and Sour Cream. 1784 cal 14.5

Fresh Vegetarian Omelette

Our Fluffy Omelette filled with Fresh Broccoli, Tomatoes, Mushrooms, Onions, Green Peppers and Cheddar Cheese. 1622 cal 13.5

O.P.H. Omelette

Our Fluffy Soufflé Omelette baked with Mushrooms, Goat Cheese and Spinach. 1371 cal 14

Meatlover's Omelette

Filled with our Special Recipe Sausage, Hickory Bacon, Smoked Ham and Cheddar Cheese. 1573 cal 15

Cowboy Omelette

Our Fluffy Soufflé 4 egg Omelette Baked with Bacon, Honey Maple Ham and Cheddar Cheese Smothered with Sausage Gravy. 2259 cal 16

Served on a bed of Hash Brown Potatoes 711 cal Add 1.5

The Engler Egg White Omelette

Egg Whites and Fresh Pico de Gallo, served with a choice of fresh Pico de Gallo or Salsa on the side. 726 cal 15.5

~ Egg Substitute Available 1.5

~ Egg Whites Available 1.5